

DRIVER CPC PERIODIC TRAINING MODULE

Driver Well Being

Duration:
1 day (min 8 hours
including breaks)

Price:
£99 (+VAT) per person
for four or more delegates please
contact us

Location:
TBA

Delegate /Trainer Ratio:
up to 12 delegates per trainer

Aims (purpose)

The course is divided into four sections to be completed during the day which will be:

- Provide basic fire awareness
- Examine Driver Well Being and a healthy diet
- Examine the law & manual handling
- Discuss and clarify the course allowing time for questions

**Objectives
(intended
outcomes)**

On completion of the course drivers should have:

- A better understanding of a healthy diet and our body
- Provide sufficient understanding on manual handling
- An understanding of basic fire awareness

**Who is the product
intended for?**

All professional bus and coach drivers (D & D1)

**Benefits of Driver
CPC Training**

The aims of Driver CPC are to:

- Improve road safety
- Recognise and accredit the knowledge and skills required for professional bus and coach drivers
- Ensure drivers continually update their skills and knowledge
- Raise the status of bus and coach drivers to promote driving as a career

**Additional Benefit
to Clients**

- Raising the standards of the companies image
- Up to date with ever changing legislation

Preparatory work

Individuals should compile a list of their daily intake of food and alcohol prior to the course.